

JUNIOR BOY'S IRAN RECORDS

Last updated: 19 September, 2026

Categories	Lift	Result	Name	Date	Place
60	Snatch	109	Standard Record		
	C&Jerk	136	Standard Record		
	Total	242	Standard Record		
65	Snatch	118	Standard Record		
	C&Jerk	153	Standard Record		
	Total	268	Standard Record		
70	Snatch	134	Standard Record		
	C&Jerk	166	Standard Record		
	Total	298	Standard Record		
75	Snatch	145	Mohammad Javad Beyralvand OCT 26,2009	2026 Asian Youth and Junior Championships	Tashkent, Uzbekistan
	C&Jerk	180	Mohammad Javad Beyralvand OCT 26,2009	2026 Asian Youth and Junior Championships	Tashkent, Uzbekistan
	Total	325	Mohammad Javad Beyralvand OCT 26,2009	2026 Asian Youth and Junior Championships	Tashkent, Uzbekistan
85	Snatch	156	Standard Record		
	C&Jerk	185	Standard Record		
	Total	338	Standard Record		
95	Snatch	164	Hamidreza Zarei JUL 19,2007	2026 Asian Youth and Junior Championships	Tashkent, Uzbekistan
	C&Jerk	214	Hamidreza Zarei JUL 19,2007	2026 Asian Youth and Junior Championships	Tashkent, Uzbekistan
	Total	378	Hamidreza Zarei JUL 19,2007	2026 Asian Youth and Junior Championships	Tashkent, Uzbekistan
110	Snatch	184	Alireza Nasiri DEC 14,2005	2025 World Weightlifting Championships	Førde, Norway
	C&Jerk	231	Alireza Nasiri DEC 14,2005	2025 World Weightlifting Championships	Førde, Norway
	Total	415	Alireza Nasiri DEC 14,2005	2025 World Weightlifting Championships	Førde, Norway
+110	Snatch	191	Standard Record		
	C&Jerk	231	Standard Record		
	Total	422	Standard Record		