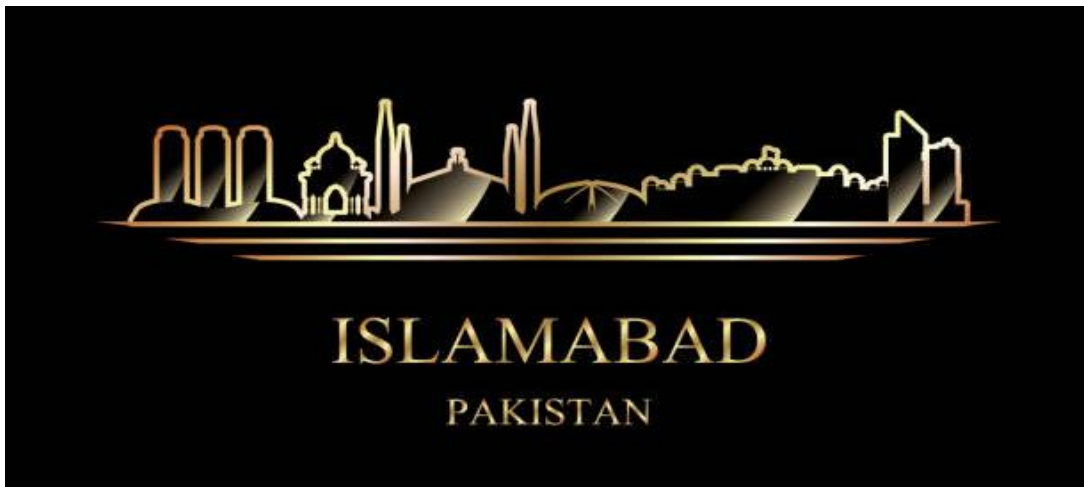
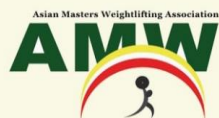


Start Book

The 2nd Asian Masters Weightlifting Championship
The 2nd World Masters Weightlifting Grand Prix

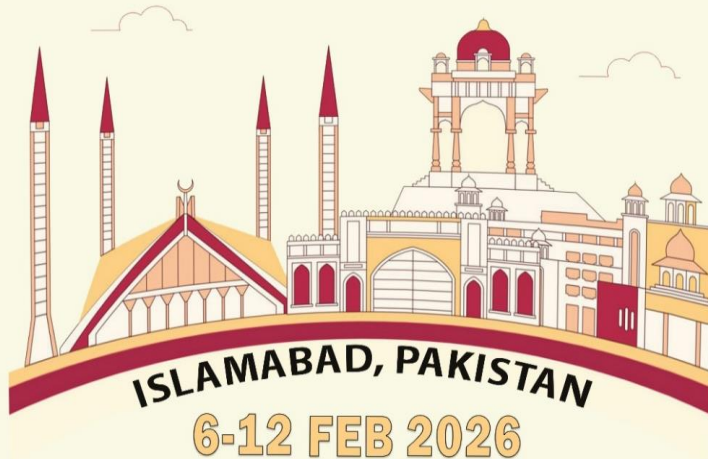
06 - 12 Feb 2026





2nd AMW

2nd World Masters Weightlifting Grand Prix



Cash Prize 26000 \$

Competition Email: AMW2025ii@gmail.com

Website: www.asianmasters.net

Whatsapp: +989309293394

Instagram: Asianmasters

YouTube: Asian.masters.weightlifting.association

Telegram: @AMWannouncements

Facebook: asianmasters amw



The 2nd Asian Masters Weightlifting Championship Timetable						
2/6/2026 Friday		10:00	AMW Officials Meeting			
		10:00	Registration and Accreditation - opens at the competition venue			
		15:00	Meeting with the Pakistan Masters Weightlifting Association			
		19:00	Technical Meeting			
Date		Weighing	Competition	Age	Categories	Total Athletes
	Day 1 (07 Feb) Saturday	14:00	Opening Ceremony			
Session 1		15:00	17:00	M 80 ... M 65	ALL	8
Session 2	Day 2 (08 Feb) Sunday	8:00	10:00	M 60	ALL	12
Session 3		12:00	14:00	W 60 ... W 40	ALL	15
Session 4		15:00	17:00	M 55	ALL	12
Session 5	Day 3 (09 Feb) Monday	8:00	10:00	M 50	ALL	17
Session 6		12:00	14:00	W 35	53-58-63-69-77 kg	10
Session 7		15:00	17:00	M 45	ALL	19
Session 8	Day 4 (10 Feb) Tuesday	8:00	10:00	M 40	ALL	17
Session 9		12:00	14:00	W 30 - W 35	ALL / 86 kg	13
Session 10		15:00	17:00	M 35	65 - 71- 79- 88 kg	11
Session 11	Day 5 (11 Feb) Wednesday	8:00	10:00	M 35	94 - 110 & +110 kg	13
Session 12		12:00	14:00	M 30	ALL	11
		17:00	Closing + Awards Ceremony Best Lifters, Grand Masters, Men and Women Team Awards			
	12-Feb	Departure				

**2026 Asian Masters Championship & World Masters Weightlifting Grand Prix
Islamabad, Pakistan**

Session 1	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Sat 7 Feb- Session 1	15:00	M 80 ... M 65	ALL	17:00
1	Majibur Rahman	BAN	80	65 kg (M)	80
2	Sabir HUSSAIN	PAK	80	60 kg (M)	56
3	Manouchehr SARFARAZ	IRI	80	60 kg (M)	50
4	Ekram SHARAFI	IRI	70	65 kg (M)	95
5	kakamorad GHASHGHAEI	IRI	70	60 kg (M)	121
6	Yadollah BAGHERI ESFEH	IRI	70	71 kg (M)	100
7	Musadiq Vaqif	AZE	70	79 kg (M)	140
8	Kholliluzzaman	BAN	65	94 kg (M)	150



2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 2	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Sun 8 Feb- Session 2	8:00	M 60	ALL	10:00
1	Ebrahim Taghdisi Naghab	IRI	60	65 kg (M)	140
2	Ashok, SHAHI KHADGI	NEP	60	79 kg (M)	111
3	Mohammad BADA VI	IRI	60	79 kg (M)	135
4	Aziz NIKOO	IRI	60	79 kg (M)	136
5	AFTAB AHMAD BUTT	PAK	60	88 kg (M)	170
6	Saeid Hoot Ganjabadi	IRI	60	88 kg (M)	135
7	Muhammad SAEED	PAK	60	94 kg (M)	165
8	Seyed Ali Asghar Alavi	IRI	60	94 kg (M)	140
9	Mohammad MIRZAEI	IRI	60	94 kg (M)	213
10	Natig Aghayev	AZE	60	110 kg (M)	109
11	Rafa SAEED BUTT	PAK	60	110 kg (M)	230
12	TARIQ MEHMOOD KHAN	PAK	60	+110 kg (M)	111

2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 3	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Sun 8 Feb- Session 3	12:00	W60 ... W40	ALL	14:00
1	Lay Sang, TAN	SGP	60	77 kg (W)	80
2	Mahboubeh Mahmoudizadazari	IRI	55	58 kg (W)	42
3	Sara,MAEREFAT	IRI	50	63 kg (W)	80
4	Mahforoogh SAFFARI	IRI	45	63 kg (W)	105
5	Shahria Sultana	BAN	45	63 kg (W)	100
6	Iram KHANUM	PAK	45	86 kg (W)	80
7	Zakieh RAHIMI	IRI	45	86 kg (W)	80
8	Ram KUMARI CHAUDHARY	NEP	40	58 kg (W)	85
9	Atefeh SALMANI	IRI	40	58 kg (W)	76
10	Fatemeh , SAMADI	IRI	40	63 kg (W)	95
11	Shantil CHAUDHARY	NEP	40	69 kg (W)	85
12	Jackie Fortes	PRT	40	69 kg (W)	111
13	Mayna Fahima Akter	BAN	40	77 kg (W)	130
14	Parvina SURKHAKOVA	TJK	40	77 kg (W)	130
15	Haneen HAMAM	SAU	40	+86 kg (W)	110

2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

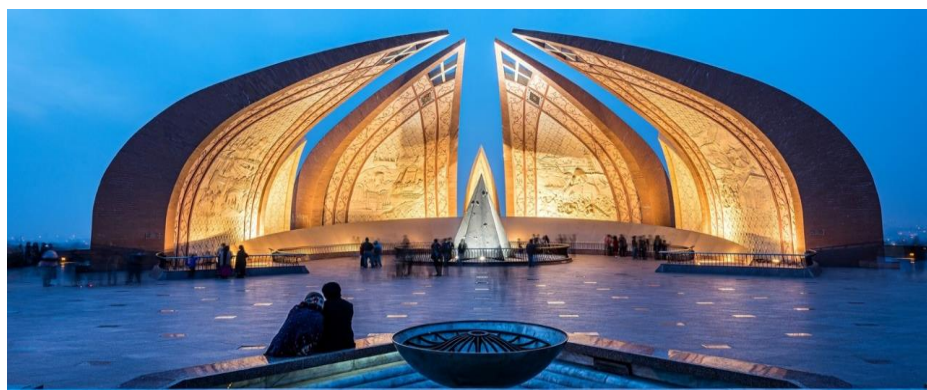
Session 4	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Sun 8 Feb- Session 4	15:00	M 55	ALL	17:00
1	ABDUL RAZZAQ	PAK	55	65 kg (M)	160
2	WAQAR AHMED BUTT	PAK	55	65 kg (M)	150
3	Ilyas AHMAD	PAK	55	79 kg (M)	110
4	GHOLAMALI SANGI	IRI	55	88 kg (M)	145
5	Abdullo BAQOEVI	TJK	55	88 kg (M)	210
6	Roy Bidduth Kumar	BAN	55	94 kg (M)	150
7	Muhammad RAFIQ	PAK	55	94 kg (M)	180
8	Hamid SALEHINIA	IRI	55	94 kg (M)	130
9	GOPAL BAHADUR SHRESTHA	NEP	55	110 kg (M)	111
10	Abdolhossein Pourzakariya	IRI	55	110 kg (M)	195
11	Hassan BAKHTIARI	IRI	55	+110 kg (M)	165
12	Riasat ALI	PAK	55	+110 kg (M)	112

2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 5	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Mon 9 Feb - Session 5	8:00	M 50	ALL	10:00
1	Mohammed GHAZI GHAZI	SYR	50	60 kg (M)	140
2	Abbas MOAYEDI	IRI	50	71 kg (M)	155
3	Roshan Ram, NAKARMI	NEP	50	71 kg (M)	111
4	AKBAR ALI	PAK	50	71 kg (M)	190
5	Islam Md Hamidul	BAN	50	79 kg (M)	220
6	WAHEED AHMED DAR	PAK	50	79 kg (M)	170
7	Ali Saifallah Qahraman Husain	BHR	50	88 kg (M)	250
8	Muhammad AZAM KHAN	PAK	50	88 kg (M)	140
9	Rasheed KHAN	PAK	50	88 kg (M)	114
10	Dalibor Dzingel	CZE	50	88 kg (M)	190
11	BUDDHI BAHADUR LAMA	NEP	50	94 kg (M)	120
12	Farzad,MALEK MOHAMMADI	IRI	50	94 kg (M)	235
13	Majeed HUSSAIN DOGAR	PAK	50	94 kg (M)	111
14	ABDUL MALIK	PAK	50	110 kg (M)	200
15	Muhammad RIZWAN QADRI	PAK	50	110 kg (M)	200
16	GYAN BAHADUR SHRESTHA	NEP	50	+110 kg (M)	111
17	TANWEER NAWAZ BUTT	PAK	50	+110 kg (M)	180

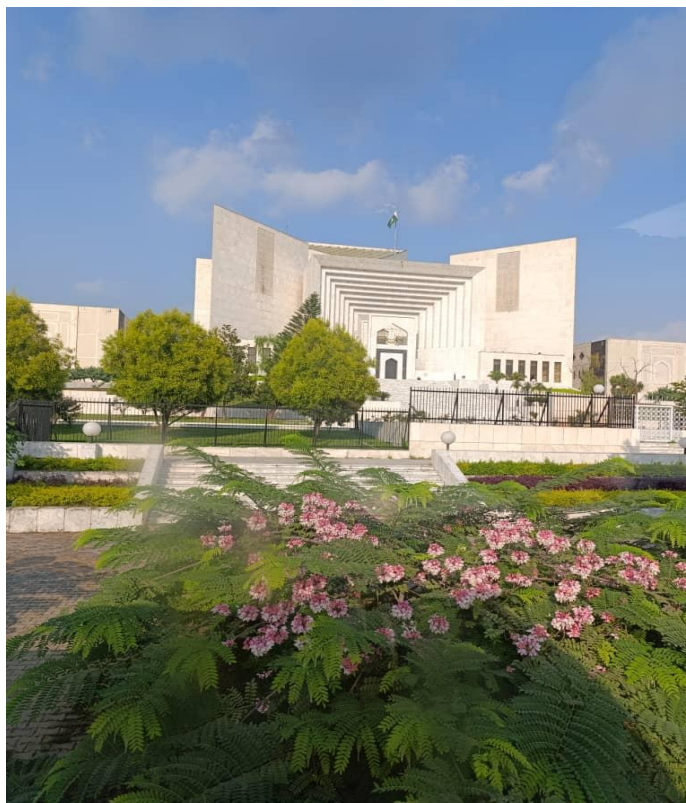
2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 6	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Mon 9 Feb - Session 6	12:00	W 35	53-58-63-69-77 kg	14:00
1	Sybil SOHAIL	PAK	35	53 kg (W)	105
2	Pegah LIAGHAT	IRI	35	58 kg (W)	105
3	Pooneh NASROLLAHI	IRI	35	58 kg (W)	101
4	Tahereh JAFARI NODOUSHAN	IRI	35	63 kg (W)	115
5	Najmeh GENGIR	IRI	35	69 kg (W)	99
6	Zahra GEBRAILI	IRI	35	69 kg (W)	145
7	Rokya Sultana Sathi	BAN	35	77 kg (W)	120
8	Raha MAHJOURI RAD	IRI	35	77 kg (W)	137
9	Neelam RIAZ	PAK	35	77 kg (W)	160
10	ZARA ZUBAIR	PAK	35	77 kg (W)	125



2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 7	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Mon 9 Feb - Session 7	15:00	M 45	ALL	17:00
1	Muhammad ISHTIAQ GHAFOR	PAK	45	65 kg (M)	210
2	Jaicob JOSEPH PUNNAMOOTIL	IND	45	79 kg (M)	180
3	Muhammad khan	PAK	45	88 kg (M)	210
4	Parvez Md Shaheen	BAN	45	88 kg (M)	150
5	Ali KASAEINASAB	IRI	45	88 kg (M)	220
6	Ali REZAEI SHADEHI	IRI	45	88 kg (M)	180
7	Prasiddha BHAKTARAJ LAWAT	NEP	45	88 kg (M)	160
8	MOUSA MUBARAK JUMAH	KUW	45	88 kg (M)	100
9	SHAMIL ALI BUTT	PAK	45	94 kg (M)	220
10	Ahmad KARIMI	IRI	45	94 kg (M)	201
11	MAZYAR AHMADI	IRI	45	94 kg (M)	230
12	Muhammad ANSAR IQBAL	PAK	45	110 kg (M)	140
13	Tahir AHMED	PAK	45	110 kg (M)	250
14	Farhad NAEMI	IRI	45	110 kg (M)	215
15	Kashif REHAN	PAK	45	110 kg (M)	112
16	Mahmud Firoz	BAN	45	+110 kg (M)	150
17	Farid SHARIATZADEH BAMI	IRI	45	+110 kg (M)	110
18	Abdufatoh ZIYOEV	TJK	45	+110 kg (M)	220
19	KASEM KANAKRIEH	SYR	45	+110 kg (M)	200



2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 8	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Tue 10 Feb - Session 8	8:00	M 40	ALL	10:00
1	ABDULLAH GHAFOR	PAK	40	60 kg (M)	205
2	Haque Md Akramul	BAN	40	71 kg (M)	180
3	Ahad SANJABI	IRI	40	79 kg (M)	255
4	Manuchehr BAQOEVI	TJK	40	79 kg (M)	260
5	David VIERA	ECU	40	79 kg (M)	100
6	Ramadan SAYED AHMED RABEH	EGY	40	88 kg (M)	180
7	WAQAR BAKHSH	PAK	40	94 kg (M)	200
8	Omid HATEFI	IRI	40	94 kg (M)	190
9	SEYED MOHAMMAD ZIAEI NEJAD	IRI	40	94 kg (M)	230
10	IMAN Sazandehsefat	IRI	40	110 kg (M)	160
11	Al Mumin Mohammad Abdullah	BAN	40	110 kg (M)	200
12	Mohammad RAHIMIPOUR	IRI	40	110 kg (M)	273
13	WAQAS TARIQ	PAK	40	110 kg (M)	215
14	Mhran Alharastani	SYR	40	+110 kg (M)	112
15	Hamidreza Gholami mohammad Morad	IRI	40	+110 kg (M)	245
16	Azizjon SHUKUROV	TJK	40	+110 kg (M)	230
17	Sayed Hamid Mirforoughi	IRI	40	+110 kg (M)	293

2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 9	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Tue 10 Feb - Session 9	12:00	W 30	ALL	14:00
		12:00	W35	86 kg	14:00
1	Akter Sritey	BAN	30	58 kg (W)	170
2	MEHRANGIZ MOHAMMAD ABADI	IRI	30	63 kg (W)	50
3	Manisha RANABHAT	NEP	30	63 kg (W)	85
4	Alzahraa KAMSHAD	KUW	30	69 kg (W)	120
5	BITA SARKHANIANDALIBI	IRI	30	69 kg (W)	103
6	Sonia AZMAT	PAK	30	69 kg (W)	160
7	Malalay SADAAT	TJK	30	69 kg (W)	100
8	Shetall ASIF	PAK	30	77 kg (W)	140
9	Gavkharmokh IBROHIMOVA	TJK	30	77 kg (W)	80
10	Nisha Jahura Khatun	BAN	35	86 kg (W)	160
11	Elahe,Rezazadeh Mehrizi	IRI	35	86 kg (W)	120
12	Moloud ZAMANI	IRI	35	86 kg (W)	145
13	Nadia MAQSOOD	PAK	35	86 kg (W)	150

2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 10	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Tue 10 Feb - Session 10	15:00	M 35	65 - 71- 79- 88 kg	17:00
1	Sandeep Kumar	IND	35	65 kg (M)	100
2	ZUBAIR MANZOOR	PAK	35	71 kg (M)	160
3	Muhammad SHAHZAD	PAK	35	71 kg (M)	210
4	Jahonshoh MALLAEV	TJK	35	71 kg (M)	210
5	Muhammad YASIR	PAK	35	79 kg (M)	200
6	Qurbonali DAVLATOV	TJK	35	79 kg (M)	220
7	Afshin Forozan	IRI	35	88 kg (M)	265
8	Majid ZOHRETALAB	IRI	35	88 kg (M)	251
9	ASHFAQ AHMAD	PAK	35	88 kg (M)	240
10	Asomuddin SANGOV	TJK	35	88 kg (M)	260
11	Maqsudi GHANIZODA	TJK	35	88 kg (M)	200



2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 11	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Wed 11 Feb - Session 11	8:00	M 35	94- 110 & +110 kg	10:00
1	AMIN NIKSERESHT	IRI	35	94 kg (M)	285
2	Abdullah MAHJOUB	EGY	35	110 kg (M)	290
3	Muhammad IQBAL	PAK	35	110 kg (M)	270
4	Gholamreza karimvand khiyavi	IRI	35	110 kg (M)	296
5	Rana YASIR KHAN	PAK	35	110 kg (M)	240
6	Saqib FAYYAZ	PAK	35	110 kg (M)	200
7	Aliasghar RADMANESH	IRI	35	110 kg (M)	280
8	Roohallah Ahmadifard	IRI	35	+110 kg (M)	290
9	Mohamadmehdi MEHDIKHANI	IRI	35	+110 kg (M)	273
10	MUSTAQUEEM MAHMOOD BUTT	PAK	35	+110 kg (M)	290
11	ZAHEER AHMAD	PAK	35	+110 kg (M)	180
12	ZOHAIB AHMED	PAK	35	+110 kg (M)	270
13	MORTEZA FATHI	IRI	35	+110 kg (M)	287

2026 Asian Masters Championship & World Masters Weightlifting Grand Prix

Session 12	Date	Weighing/ Country	Age	Categories	Time/ Entry Records
	Wed 11 Feb - Session 12	12:00	M 30	ALL	14:00
1	AHMAD MAHMOOD AKHTAR	PAK	30	71 kg (M)	230
2	Iman SHAHGHOLIAN	IRI	30	79 kg (M)	235
3	Bilal AHMED	PAK	30	79 kg (M)	245
4	Hossein TAJIK	IRI	30	88 kg (M)	260
5	ABU SUFYAN	PAK	30	88 kg (M)	270
6	Amin Bilal	PAK	30	88 kg (M)	225
7	Muhammad HAFEEZ	PAK	30	88 kg (M)	230
8	Rana QAISER KHAN	PAK	30	94 kg (M)	270
9	Roshan JAMIL	PAK	30	94 kg (M)	290
10	ASAD TALAL MIR	PAK	30	110 kg (M)	275
11	ANAS JAVED	PAK	30	+110 kg (M)	290

AMW wishes you all success