



The 1st Asian Masters Weightlifting Championship

27 May - 31 May 2025

Doha Qatar



The 1st Asian Masters Weightlifting Championship Timetable					
27-May	10:00	AMW Officials Meeting			
	18:00	Meeting with the IMWA (International Masters Weightlifting Committee)			
		Registration and Accreditation - opens at the competition venue			
	15:00	Technical Meeting			
Date	Weighing	Competition	Age	Categories	Athletes Number
Day 1 (28 May)	8:00	10:00 – 12:00	M60 - M65 M70 - M75 M80 - M85	ALL	17
	12:00	14:00 – 16:00	W BCQ	ALL	6
	15:00	17:00 – 19:00	M BCQ	ALL	6
Day 2 (29 May)	8:00	10:00 – 12:00	M55	ALL	11
	12:00	14:00 – 16:00	M50	ALL	11
	15:00	17:00 – 19:00	W55 – W50 W40	ALL	10
Day 3 (30 May)	7:00	9:00 – 11:00	M45	ALL	14
	11:00	13:00 – 15:00	M40	67 kg – 73 kg 81 kg – 89 kg	12
	14:00	16:00 – 18:00	M40	96 kg – 102 kg 109 kg- 109+ kg	9
	17:00	19:00 – 21:00	W35 – W30	ALL	17
Day 4 (31 May)	7:00	9:00 – 11:00	M35	61 kg- 67 kg 73 kg – 81 kg	14
	10:00	12:00 – 14:00	M35	89 kg-96 kg-102 kg	15
	13:00	15:00 – 17:00	M35 M30	109 kg-109+ kg 73 kg-81 kg 89 kg-102kg	14
	18:00	1 st Asian Masters Congress of Asian Nations			
	19:00	Closing + Awards Ceremony Best Lifters Grand Master Man and Woman and Team Awards			
1-Jun	Departure				

**2025 Asian Masters Championship
DOHA-QATAR**

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/28/2025- Session 1	8:00	M60 - M65 M70 - M75 M80 - M85	ALL	10:00 – 12:00
1	Rahman Majibur	BAN	M80	67	80
2	Poovathumchal Nhandamadan Jaya	IND	M70	61	80
3	Yadollah Bagheri	IRI	M70	73	115
4	Agarwal Naresh	IND	M70	73	80
5	Amrik Singh	IND	M65	67	80
6	Ahmad Ghasemzadeh	IRI	M65	81	120
7	Mohan Parashar	IND	M65	89	140
8	Rathore Maqsood Amjad	PAK	M65	96	130
9	Ebrahim Taghdisi	IRI	M60	67	130
10	Aziz Nikoo	IRI	M60	81	150
11	Behzad Sadeghi	IRI	M60	81	155
12	Hossein Daneshfar	IRI	M60	81	160
13	Marfoussi Adnan	LBN	M60	89	190
14	Amin Amjad	PAK	M60	89	135
15	Aghayev Natiq	AZE	M60	96	152
16	Nader Shabani	IRI	M60	96	155
17	Kulkarni Prasanna	IND	M60	102	140

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/28/2025- Session 2	12:00	W BCQ	ALL	14:00 – 16:00
1	Hadeel Alshammari	BCQ	25	45	100
2	Sarah Alhawal	BCQ	28	49	100
3	Ayah Alhaddad	BCQ	27	71	100
4	Sarah Algosaibi	BCQ	26	76	100
5	Hannah Mchugh	BCQ	26	81	100
6	Amal Ali	BCQ	28	87+	130

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/28/2025 - Session 3	15:00	M BCQ	ALL	17:00 – 19:00
1	Khalid Al Hedfa	BCQ	24	73	100
2	Masoud Mella Khalil	BCQ	28	81	100
3	Fawaz Almanaye	BCQ	26	89	100
4	Abdulrahman Alhashemi	BCQ	26	89	100
5	Artem Sinitsyn	BCQ	26	96	100
6	Mohammad Bosakhar	BCQ	28	96	100

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/29/2025 - Session 4	8:00	M55	ALL	10:00 – 12:00
1	Reza Nasehi	IRI	M55	67	170
2	El Bouni Wajih	LBN	M55	73	190
3	Asghar Shariati	IRI	M55	89	170
4	Gholamali Sangi	IRI	M55	89	150
5	Baqoev Abdullo	TJK	M55	89	200
6	Vyacheslav Slavik Bryukhov	UZB	M55	96	250
7	Javad Samiei Matin	IRI	M55	96	185
8	Masoud Soltan Touyeh	IRI	M55	102	100
9	Hossein Moridi	IRI	M55	102	160
10	Mohammadreza Abolghasemi	IRI	M55	109	200
11	Hassan Bakhtiari	IRI	M55	109+	180

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/29/2025 - Session 5	12:00	M50	ALL	14:00 – 16:00
1	Hossein Hamzeh Sagha	IRI	M50	55	130
2	Ghazi,Mohamad	SYR	M50	61	135
3	Shekhar Chander	IND	M50	73	120
4	Alaywan Khodor	LBN	M50	81	200
5	Khan Rasheed	PAK	M50	89	150
6	Ali Saifallah Qahraman Husain	BHR	M50	96	225
7	Farzad Malekmohammadi	IRI	M50	96	250
8	Rasouli Mir Abdol Ghafoor	AFG	M50	96	180
9	Abdolhossein Pourzakariya	IRI	M50	109	200
10	Malik Abdul	PAK	M50	109	185
11	Amir Shokouhi	IRI	M50	109	210

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/29/2025 - Session 6	15:00	W55 – W50 W40	ALL	17:00 – 19:00
1	Tan, Lay Sang	SGP	W55	76	80
2	Sahari Dumaini Sinamo	INA	W50	49	102
3	Devraj Sheba	IND	W50	59	70
4	Shahad Alotaipi	KUW	W40	59	42
5	Rana Saleh	YEM	W40	64	100
6	Shahria Sultana	BAN	W40	71	100
7	Haya Almayyas	KUW	W40	71	60
8	Bozrikova Irina	UAE	W40	76	140
9	Aprar Alfahad	KUW	W40	81	120
10	Bava Libas Pazhayariyil	IND	W40	87	130

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/30/2025 - Session 7	7:00	M45	ALL	9:00 – 11:00
1	Mohamed Zine El Abidine , Zouari	TUN	M45	55	140
2	Abbas Hashemzadeh	IRI	M45	67	180
3	Ali Mahboubi	IRI	M45	81	185
4	Diez, Zaldy Moreno	PHI	M45	81	180
5	Sultan Ibrahim Alsasi	KSA	M45	81	140
6	Faisal Mansi Alsulami	KSA	M45	81	200
7	Ali Kasaei Nasab	IRI	M45	89	205
8	Kumar Santokh	IND	M45	96	230
9	Mohammad Alnaser	KUW	M45	96	230
10	Mousa Mobarak Jumaah	KUW	M45	102	100
11	Rehan Kashif	PAK	M45	102	170
12	Mehdi Mazaheri	IRI	M45	109	220
13	Ahmad Knaakrieh Kasem	SYR	M45	109+	175
14	Ziyoev Abdufatoh	TJK	M45	109+	230

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/30/2025 - Session 8	11:00	M40	67 kg – 73 kg 81 kg – 89 kg	13:00 – 15:00
1	Nabina, Khalid Abdulaziz	QAT	M40	67	180
2	Meysam Tajik	IRI	M40	73	180
3	Wong, Jonathan, Gabriel Hou Keet	MAS	M40	73	180
4	Ahmad Baouge	LBN	M40	81	180
5	Fernando Dumaclid	PHI	M40	81	213
6	Gholamreza Kazemi	IRI	M40	81	250
7	Meysam Esfandiyari	IRI	M40	81	220
8	Samsodin Abdulrahman	PHI	M40	81	220
9	Mohammad Mashhadigholi	IRI	M40	81	100
10	Ehsan Forouzan	IRI	M40	89	250
11	Salman, Mohammed Almas	QAT	M40	89	230
12	Ahmad Karimi	IRI	M40	89	230

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/30/2025 - Session 9	14:00	M40	96 – 102 kg 109 - 109+ kg	16:00 – 18:00
1	Naser Abdulkareem Barwez	KUW	M40	96	180
2	Siyamak Beigzadeh	IRI	M40	96	240
3	Omid Hatefi	IRI	M40	96	100
4	Morad, Fadi	QAT	M40	102	230
5	Hithem Alhavaj	KUW	M40	102	180
6	Mohammad Mohsen Rahimpour	IRI	M40	102	285
7	Rami Al-Adawi Droubi	SYR	M40	102	168
8	Ahmad Ali Hosni Moghaddam	IRI	M40	109	260
9	Alhrstani,Mhran	SYR	M40	109+	190

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/30/2025 - Session 10	17:00	W35 – W30	ALL	19:00 – 21:00
1	Sabbagh, Afnan Ahmed	KSA	W35	49kg	100
2	Zebdieh Dema Neyef Moh`D	JOR	W35	81	160
3	Maqsood Nadia	PAK	W35	81	135
4	Nawal Almashouq	KSA	W35	81	100
5	Hawraa Almusawi	KUW	W35	87	70
6	Haneen Hassan Hamam	KSA	W35	87+	110
7	Monerah Alrowitea	KSA	W30	49	100
8	Sohail Sybil	PAK	W30	55	95
9	Amal Alshareefi	KUW	W30	55	90
10	Maryam Abo Gubarah	KUW	W30	64	60
11	Alzahraa Kamshad	KUW	W30	71	100
12	Hanan Yousef Alameer	KUW	W30	71	135
13	Arwa Alateeqi	KUW	W30	76	70
14	Nour Ootubaldeen	KUW	W30	76	100
15	Riaz Neelam	PAK	W30	76	135
16	Amal Al Anzi	KUW	W30	81	60
17	Hanouf Mohammed Ebrahim Hawsawi	KSA	W30	87+	120

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/31/2025 - Session 11	7:00	M35	61 kg- 67 kg 73 kg – 81 kg	9:00 – 11:00
1	Amin Moridi	IRI	M35	61	180
2	Mark Miad	EGY	M35	67	180
3	Al-Darwish, Abdulla Khalil	QAT	M35	73	180
4	Jayasooryan Mithuvin	IND	M35	73	200
5	Mallaev Jahonshoh	TJK	M35	73	150
6	Milad Alikahi	IRI	M35	73	235
7	Saeid Moradi	IRI	M35	73	195
8	Trabolsi Ahmad	LBN	M35	81	200
9	Babak Helyak	IRI	M35	81	235
10	Darwin Enriques	PHI	M35	81	205
11	Mohamed Ouhichi	TUN	M35	81	180
12	Shukrov Ilkhomjon	TJK	M35	81	230
13	Hamad Jarrah	KUW	M35	81	200
14	Afshin Forouzan	IRI	M35	81	240

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/31/2025 - Session 12	10:00	M35	89 kg – 96 kg - 102kg	12:00 – 14:00
1	Asomuddin Sangov	TJK	M35	89	260
2	Lone Umer Rassol	PAK	M35	89	280
3	Majid Kazemi	IRI	M35	89	250
4	Majid Zohrehtalab	IRI	M35	96	260
5	Ciurea, Constantin Mototolea	ROU	M35	96	240
6	Alfarajeh Suheab Issa Mohammed	JOR	M35	96	230
7	Ayoub Sanjabi	IRI	M35	96	255
8	Hussein Elsettawi	EGY	M35	96	180
9	Morteza Heidari Ghaaleh	IRI	M35	96	260
10	Mykhailo Domashov	UKR	M35	96	180
11	Ramadan Sayed Ahed Rabeh	EGY	M35	102	180
12	Amirhossein Rezaei	IRI	M35	102	250
13	Yousef Alasiri	KUW	M35	102	180
14	Iqbal Muhammad	PAK	M35	102	285
15	Abdalla Ahmed Mohamed Ahmed	EGY	M35	102	290

	Date	Weighing	Age	Categories	Competition/ Entry Records
	5/31/2025 - Session 13	13:00	M35 M30	109 kg + 109 kg 73 kg – 81 kg – 89 kg-102kg	15:00 – 17:00
1	Mehdi Agah	IRI	M35	109	285
2	Rouhollah Ahmadifard	IRI	M35	109	300
3	Rathore Usman Amjad	PAK	M35	109+	300
4	Mohammad Ghorbani	IRI	M35	109+	265
5	Mohammad Mehdi Mahdikhani	IRI	M35	109+	285
6	Mustafa Ahmad Munir Ibrahim	JOR	M35	109+	250
7	Shukurov Azizjon	TJK	M35	109+	230
8	Mohammed Al Hashemi	QAT	M30	73	210
9	Dost Abdollah	AFG	M30	81	200
10	Yassine Litimi	TUN	M30	81	215
11	Abdulaziz Al-Nasser	QAT	M30	89	180
12	Al-Zubi Sari Azzam Sari	JOR	M30	89	180
13	Anwar Furqan	PAK	M30	89	310
14	Yevhen Sharpatyi	UKR	M30	102	180

AMW wishes you all success

Note: The BCQ weightlifting competition is a local weightlifting competition that is organized by BCQ (Barbell Club Qatar). Non-Asian athletes belong to these competitions.