



The 1st Asian Masters Weightlifting Championship

27 May - 31 May 2025

Doha Qatar



Introduction & Invitation

We are thrilled to announce the highly anticipated **1st Asian Masters Weightlifting Championship** scheduled to take place from **27-31 May 2025** in the breathtaking city of **Doha Qatar**. This inaugural event will gather the most talented and dedicated Masters weightlifters from across Asia to showcase their strength passion and commitment to the sport.

Doha with its stunning landscape and world-class facilities is the perfect backdrop for this historic occasion. As we countdown to this unforgettable event we warmly invite all **male and female** athletes from all over Asia to seize this incredible opportunity to compete on a prestigious international platform and be a part of this momentous celebration of sportsmanship and camaraderie.

Join us in Doha and make your mark in the world of weightlifting!

Best Regards

Mohammad Kabiri

Chairman AMW Committee



Dates and Location

- Competition Dates: **27-31 May 2025**
- Host Country: Qatar Doha

Information

- Competition Hall: Radisson Blu Hotel
- Address: Intersection of Salwa Road C Ring Rd Doha
- Facilities: The installation includes a large warm up zone and space for 1 competition platforms/10 warm up platforms depending on registration numbers.
Training area: Athletes will be able to train in a nearby facility for free

Competition Categories

Categories Age Groups

- 30-34 – M30/W30
- 35-39 – M35/W35
- 40-44 – M40/W40
- 45-49 – M45/W45
- 50-54 – M50/W50
- 55-59 – M55/W55
- 60-64 – M60/W60
- 65-69 – M65/W65
- 70-74 – M70/W70
- 75-79 – M75/W75
- 80-84 – M80/W80
- 85+ – M85/W85

The 1 st Asian Masters Weightlifting Championship Timetable					
27 May	8:00	AMW Officials Meeting			
	10:00	Meeting with the IMWA (International Masters Weightlifting Committee)			
		Registration and Accreditation - opens at the competition venue			
	15:00	Technical Meeting and last Team Entries			
Date	Weighing	Competition	Age	Categories	Athletes
Day 1 (28 May)	8:00	10:00 – 12:00	M60 - M65 M70 - M75 M80 - M85	ALL	14
	12:00	14:00 – 16:00	W BCQ	ALL	6
	15:00	17:00 – 19:00	M BCQ	ALL	6
Day 2 (29 May)	8:00	10:00 – 12:00	M55	ALL	13
	12:00	14:00 – 16:00	M50	ALL	14
	15:00	17:00 – 19:00	W55 – W50 W40	ALL	10
Day 3 (30 May)	7:00	9:00 – 11:00	M45	ALL	17
	10:00	12:00 – 14:00	M40	67 kg – 73 kg 81 kg – 89 kg	12
	13:00	15:00 – 17:00	M40	96 kg – 102 kg 109 kg- 109+ kg	12
	16:00	18:00 – 20:00	W35 – W30	ALL	15
Day 4 (31 May)	7:00	9:00 – 11:00	M35	61 kg- 67 kg 73 kg – 81 kg	14
	10:00	12:00 – 14:00	M35	89 kg – 96 kg	13
	13:00	15:00 – 17:00	M35 M30	102 kg – 109 kg 73 kg – 81 kg – 89 kg 102kg	20
	18:00	1 st Asian Masters Congress of Asian Nations and Electoral Congress for the official elected Asian Masters Weightlifting Committee			
	19:00	Closing + Awards Ceremony Best Lifters Grand Master Man and Woman and Team Awards			
1 June	Departure				

2025 Asian Masters Championship
DOHA-QATAR
Day 1 (28 May)

Weighing	Competition	Age Group			
8:00	10:00 – 12:00	M60 - M65 M70 - M75 M80 - M85			
RAHMAN MAJIBUR		BGD	M80	67	80
POOVATHUMCHAL NHANDAMADAN JAYASOORYAN		IND	M70	61	80
HABIBIOLLAH ANSARIYAN		IRN	M70	67	100
YADOLLAH BAGHERI		IRN	M70	73	115
AMRIK SINGH		IND	M65	67	80
AHMAD GHASEMZADEH		IRN	M65	81	120
JAMSHID MOSALANEJAD		IRN	M65	81	100
MOHAN PARASHAR		IND	M65	89	140
RATHORE MAQSOOD AMJAD		PAK	M65	96	130
AZIZ NIKOO		IRN	M60	81	150
HOSSEIN DANESHFAR		IRN	M60	81	160
MARFOUSSI ADNAN		LBN	M60	89	190
AGHAYEV NATIQ		AZE	M60	96	152
NADER SHABANI		IRN	M60	96	155

Weighing	Competition	Age Group			
12:00	14:00 – 16:00	W BCQ			
SARAH ALHAWAL		KUW	28	49	100
AMAL ALI		JOR	28	87	100
AYAH ALHADDAD		KUW	27	71	100
SARAH ALGOSAIBI		QAT	26	76	100
HANNAH MCHUGH		IRL	26	76	100
HADEEL ALSHAMMARI		KUW	25	45	100

Weighing	Competition	Age Group			
15:00	17:00 – 19:00	M BCQ			
MASOUD MELLA KHALIL	GER	28	81	100	
MOHAMMAD BOSAKHAR	KUW	28	89	100	
FAWAZ ALMANAYE	KUW	26	81	100	
ABDULRAHMAN ALHASHEMI	QAT	26	89	100	
ARTEM SINITSYN	RUS	26	96	100	
KHALID AL HEDFA	QAT	24	73	100	

2025 Asian Masters Championship
DOHA-QATAR
Day 2 (29 May)

Weighing	Competition	Age Group			
8:00	10:00 – 12:00	M55			
REZA NASEHI	IRN	M55	67	170	
EL BOUNI WAJJIH	LBN	M55	73	190	
HOSSEINALI EMAMDADI	IRN	M55	81	100	
ASGHAR SHARIATI	IRN	M55	89	170	
GHOLAMALI SANGI	IRN	M55	89	150	
VYACHESLAV SLAVIK BRYUKHOV	UZB	M55	96	250	
BAQOEV ABDULLO	TJK	M55	96	200	
JAVAD SAMIEI MATIN	IRN	M55	96	185	
HOSSEIN MORIDI	IRN	M55	102	160	
MASOUD SOLTAN TOUYEH	IRN	M55	96	100	
MOHAMMAD MIRZAEI	IRN	M55	96	100	
HASSAN BAKHTIARI	IRN	M55	109	185	
MOHAMMADREZA ABOLGHASEMI	IRN	M55	109	200	

Weighing	Competition	Age Group			
12:00	14:00 – 16:00	M50			
HOSSEIN HAMZEH SAGHA		IRN	M50	55	130
GHAZI MOHAMAD		SYR	M50	61	135
MOHAMMAD ZAREI		IRN	M50	67	100
SHEKHAR CHANDER		IND	M50	73	120
MOHAMMAD PARSANASAB		IRN	M50	73	100
ALAYWAN KHODOR		LBN	M50	81	200
HASSAN JAFARI		IRN	M50	89	150
KHAN RASHEED		PAK	M50	89	175
HASSAN JAFARI KHAJIRI		IRN	M50	89	100
ALI SAIFALLAH QAHRAMAN HUSAIN		BHR	M50	96	225
FARZAD MALEKMOHAMMADI		IRN	M50	96	250
RASOULI MIR ABDOL GHAFOOR		AFG	M50	96	180
ABDOLHOSSEIN POURZAKARIYA		IRN	M50	102	195
MALIK ABDUL		PAK	M50	109	200

Weighing	Competition	Age Group			
15:00	17:00 – 19:00	W55 – W50 W40			
TAN LAY SANG		SGP	55	76	80
SAHARI DUMAINI SINAMO		IDN	50	45	102
DEVRAJ SHEBA		IND	50	59	70
SHAHAD ALOTAIPI		KUW	40	59	42
RANA SALEH		KSA	40	64	100
SHAHRIA SULTANA		BGD	40	64	120
HAYA ALMAYYAS		KUW	40	71	60
BOZRIKOVA IRINA		UAE	40	76	140
APRAR ALFAHAD		KUW	40	81	120
BAVA LIBAS PAZHAYARIYIL		IND	40	87	130

2025 Asian Masters Championship
DOHA-QATAR
Day 3 (30 May)

Weighing	Competition	Age Group			
7:00	9:00 – 11:00	M45			
MOHAMED ZINE EL ABIDINE ZOUARI			TUN	M45	55
ABBAS HASHEMZADEH			IRN	M45	61
SEYEDVAHID HOSSEINI			IRN	M45	61
ALI MAHBOUBI			IRN	M45	81
DIEZ ZALDY MORENO			PHL	M45	81
SULTAN IBRAHIM A ALSASI			KSA	M45	81
FAISAL MANSI ALSULAMI			KSA	M45	81
ALI KASAEI NASAB			IRN	M45	89
ALIKIA DALIRI			IRN	M45	89
KUMAR SANTOKH			IND	M45	96
MOHAMMAD ALNASER			KUW	M45	96
MOUSA MOBARAK JUMAAH			KUW	M45	102
MEHDI MAZAHERI			IRN	M45	109
REHAN KASHIF			PAK	M45	109
RAMI AL-ADAWI DROUBI			SYR	M45	109+
AHMAD KNAAKRIEH KASEM			SYR	M45	109+
ZIYOEV ABDUFATOH			TJK	M45	109+

Weighing	Competition	Age Group	Category			
10:00	12:00 – 14:00	M40	67 kg – 73 kg 81 kg – 89 kg			
NABINA KHALID ABDULAZIZ			QAT	M40	67	180
MEYSAM TADJIK			IRN	M40	73	180
WONG JONATHAN GABRIEL HOU KEET			MYS	M40	73	180
AHMAD BAOUGE			LBN	M40	81	180
FERNANDO DUMACLID			PHL	M40	81	213
GHOLAMREZA KAZEMI			IRN	M40	81	250
MEYSAM ESFANDIYARI			IRN	M40	81	220
SAMSODIN ABDULRAHMAN			PHL	M40	81	180
ABDOLLAH RABEI			IRN	M40	81	100
MOHAMMAD MASHHADIGHOLI			IRN	M40	81	100
EHSAN FOROUZAN			IRN	M40	89	250
SALMAN MOHAMMED ALMAS			QAT	M40	89	230

Weighing	Competition	Age Group	Category			
13:00	15:00 – 17:00	M40	96 kg – 102 kg 109 kg- 109+ kg			
AHMAD KARIMI			IRN	M40	96	215
MORAD FADI			QAT	M40	96	230
NASER ABDULKAREEM BARWEZ			KUW	M40	96	180
NASER KIANI			IRN	M40	96	180
SIYAMAK BEIKZAFEH			IRN	M40	96	240
OMID HATEFI			IRN	M40	96	100
HITHEM ALHAVA			KUW	M40	102	180
AHMAD ALI HOSNI MOGHADDAM			IRN	M40	109	260
MOHAMMAD MOHSEN RAHIMIPOUR			IRN	M40	109	285
MAHAN KHAKZAD			IRN	M40	109	100
ALHRSTANI MHRAN			SYR	M40	109+	190
MEHDI BAHRAMI			IRN	M40	109+	100

Weighing	Competition	Age Group			
16:00	18:00 – 20:00	W35 – W30			
ZEBDIEH DEMA NEYEF MOH'D		JOR	W35	76	106
MAQSOOD NADIA		PAK	W35	81	145
NAWAL ALMASHOUQ		KSA	W35	81	100
HAWRAA ALMUSAWI		KUW	W35	87	70
HANEEN HASSAN HAMAM		KSA	W35	87+	110
MONERAH ALROWITEA		KSA	W30	49	100
SOHAIL SYBIL		PAK	W30	49	105
AMAL ALSHAREEFI		KUW	W30	55	90
ANFAL ALMEZEEN		KUW	W30	64	70
MARYAM ABO GUBARAH		KUW	W30	64	60
ALZAHRAA KAMSHAD		KUW	W30	71	100
ARWA ALATEEQI		KUW	W30	76	70
NOUR OOTUBALDEEN		KUW	W30	76	100
RIAZ NEELAM		PAK	W30	76	145
HANOUF MOHAMMED EBRAHIM HAWSAWI		KSA	W30	87	120

2025 Asian Masters Championship
DOHA-QATAR
Day 4 (31 May)

Weighing	Competition	Age Group	Category		
7:00	9:00 – 11:00	M35	61 kg- 67 kg 73 kg – 81 kg		
AMIN MORIDI		IRN	M35	61	200
MARK MIAD		EGY	M35	67	180
ABDULLA ALDARWISH		QAT	M35	73	180
AL-DARWISH ABDULLA KHALIL		QAT	M35	73	180
JAYASOORYAN MITHUVIN		IND	M35	73	200
MALLAEV JAHONSHOH		TJK	M35	73	150
MILAD ALIKAHI		IRN	M35	73	235
SAEID MORADI		IRN	M35	73	195
TRABOLSI AHMAD		LBN	M35	73	200
BABAK HELYAK		IRN	M35	81	235
DARWIN ENRIQUES		PHL	M35	81	180
MOHAMED OUHICHI		TUN	M35	81	180
SHUKROV ILKHOMJON		TJK	M35	81	230
VAHID ASGARI		IRN	M35	81	100

Weighing	Competition	Age Group	Category		
10:00	12:00 – 14:00	M35	89 kg – 96 kg		
RAMADAN SAYED AHED RABEH		EGY	M35	89	190
AFSHIN FOROUZAN		IRN	M35	89	240
ASOMUDDIN SANGOV		TJK	M35	89	270
LONE UMER RASSOL		PAK	M35	89	280
MADJID KAZEMI		IRN	M35	89	250
MADJID ZOHREHTALAB		IRN	M35	89	260
CIUREA CONSTANTIN MOTOTOLEA		ROU	M35	96	240
ALFARAJEH SUHEAB ISSA MOHAMMED		JOR	M35	96	230
AMIRHOSSEIN REZAEI		IRN	M35	96	250
AYOUB SANJABI		IRN	M35	96	255
HUSSEIN ELSETTAWI		EGY	M35	96	180
MORTEZA HEIDARI GHAALEH		IRN	M35	96	260
MYKHAILO DOMASHOV		UKR	M35	96	180

Weighing	Competition	Age Group	Category		
13:00	15:00 – 17:00	M35	102 kg – 109 kg		
		M30	73 kg – 81 kg – 89 kg 102kg		
YOUSEF ALASIRI		KUW	M35	102	180
ABDALLA AHMED MOHAMED AHMED		EGY	M35	109	280
IQBAL MUHAMMAD		PAK	M35	109	280
MEHDI AGAH		IRN	M35	109	285
RATHORE USMAN AMJAD		PAK	M35	109	300
ROUHOLLAH AHMADIFARD		IRN	M35	109	300
ALI ABIPOUR		IRN	M35	109	100
MOHAMMAD GHORBANI		IRN	M35	109+	265
MOHAMMD MEHDI MAHDIKHANI		IRN	M35	109+	285
MUSTAFA AHMAD MUNIR IBRAHIM		JOR	M35	109+	250
SHUKUROV AZIZJON		TJK	M35	109+	230
SEYEDHAMID MIRFOROOGHI		IRN	M35	109+	100
MOHAMMED AL HASHEMI		QAT	M30	73	210
DOST ABDOLLAH		AFG	M30	81	200
LITIMI YASSINE		TUN	M30	81	200
YASSINE LITIMI		TUN	M30	81	180
ABDULAZIZ AL-NASSER		QAT	M30	89	180
AL-ZUBI SARI AZZAM SARI		JOR	M30	89	180
ANWAR FURQAN		PAK	M30	89	310
YEVHEN SHARPATYI		UKR	M30	102	180

AMW wishes you success

Note: The BCQ weightlifting competition is a local weightlifting competition that is organized by BCQ (Barbell Club Qatar). Non-Asian athletes belong to these competitions.