

YOUTH WOMEN'S IRAN RECORDS

Categories	Lift	Result	Name	Date	Place
40	Snatch	48	Fatemeh Hassanpour JUN 14,2005	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	C&Jerk	58	Standard Record		
	Total	104	Standard Record		
45	Snatch	50	Standard Record		
	C&Jerk	68	Seyedeh Zahra Hosseini APR 08,2008	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	Total	115	Standard Record		
49	Snatch	63	Anita Feizi OCT 30 ,2006	2023 Asian Youth Weightlifting Championships	Delhi, India
	C&Jerk	83	Anita Feizi OCT 30 ,2006	2023 Asian Youth Weightlifting Championships	Delhi, India
	Total	146	Anita Feizi OCT 30 ,2006	2023 Asian Youth Weightlifting Championships	Delhi, India
55	Snatch	68	Seyedeh Ghazal Hosseini JUN 14 ,2006	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	C&Jerk	84	Seyedeh Ghazal Hosseini JUN 14 ,2006	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	Total	152	Seyedeh Ghazal Hosseini JUN 14 ,2006	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
59	Snatch	80	Seyedeh Ghazal Hosseini JUN 14 ,2006	2023 Asian Youth Weightlifting Championships	Delhi, India
	C&Jerk	94	Seyedeh Ghazal Hosseini JUN 14 ,2006	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	Total	174	Seyedeh Ghazal Hosseini	2023 Asian Youth Weightlifting Championships	Delhi, India

64	Snatch	82	Seyedeh Zahra Hosseini APR 08 ,2008	2024 Asian Youth Weightlifting Championships	Doha, Qatar
	C&Jerk	101	Seyedeh Ghazaleh Hosseini JUN 14 ,2006	2023 Asian Youth Weightlifting Championships	Delhi, India
	Total	183	Seyedeh Zahra Hosseini APR 08 ,2008	2024 Asian Youth Weightlifting Championships	Doha, Qatar
71	Snatch	88	Haniyeh Sharifi Sedeh SEP 04,2007	2024 Asian Youth Weightlifting Championships	Doha, Qatar
	C&Jerk	112	Haniyeh Sharifi Sedeh SEP 04,2007	2024 Asian Youth Weightlifting Championships	Doha, Qatar
	Total	200	Haniyeh Sharifi Sedeh SEP 04,2007	2024 Asian Youth Weightlifting Championships	Doha, Qatar
76	Snatch	90	Haniyeh Sharifi Sedeh SEP 04,2007	2024 World Junior Weightlifting Championships	Leon, Spain
	C&Jerk	117	Haniyeh Sharifi Sedeh SEP 04,2007	2024 World Junior Weightlifting Championships	Leon, Spain
	Total	207	Haniyeh Sharifi Sedeh SEP 04,2007	2024 World Junior Weightlifting Championships	Leon, Spain
81	Snatch	90	Yekta Jamali DEC 16,2004	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	C&Jerk	115	Yekta Jamali DEC 16,2004	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	Total	205	Yekta Jamali DEC 16,2004	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
+81	Snatch	86	Seyedeh Masoumeh Hosseini MAR 29 ,2008	2024 Asian Youth Weightlifting Championships	Doha, Qatar
	C&Jerk	103	Seyedeh Masoumeh Hosseini MAR 29 ,2008	2024 Asian Youth Weightlifting Championships	Doha, Qatar

	Total	189	Seyedeh Masoumeh Hosseini MAR 29 ,2008	2024 Asian Youth Weightlifting Championships	Doha, Qatar
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