

JUNIOR WOMEN'S IRAN RECORDS

Categories	Lift	Result	Name	Date	Place
45	Snatch	56	Standard Record		
	C&Jerk	70	Standard Record		
	Total	124	Standard Record		
49	Snatch	63	Anita Feizi OCT 30 ,2006	2023 Asian Junior Weightlifting Championships	Delhi, India
	C&Jerk	83	Anita Feizi OCT 30 ,2006	2023 Asian Junior Weightlifting Championships	Delhi, India
	Total	146	Anita Feizi OCT 30 ,2006	2023 Asian Junior Weightlifting Championships	Delhi, India
55	Snatch	68	Seyedeh Ghazal Hosseini JUN 14 ,2006	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	C&Jerk	84	Seyedeh Ghazal Hosseini JUN 14 ,2006	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	Total	152	Seyedeh Ghazal Hosseini JUN 14 ,2006	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
59	Snatch	81	Reihaneh karimi DEC 11 ,2005	2023 Asian Junior Weightlifting Championships	Delhi, India
	C&Jerk	107	Reihaneh karimi DEC 11 ,2005	2023 Asian Junior Weightlifting Championships	Delhi, India
	Total	188	Reihaneh karimi DEC 11 ,2005	2023 Asian Junior Weightlifting Championships	Delhi, India
64	Snatch	91	Seyedeh Ghazaleh Hosseini JUN 14 ,2006	2024 Asian Junior Weightlifting Championships	Doha, Qatar
	C&Jerk	112	Reihaneh karimi DEC 11 ,2005	2023 World Weightlifting Championships	Riyadh, Soudi Arabia
	Total	201	Reihaneh karimi DEC 11 ,2005	2023 World Weightlifting Championships	Riyadh, Soudi Arabia

71	Snatch	93	Fatemeh Keshavarz OCT 28 ,2004	2024 Asian Weightlifting Championships	Tashkent, Uzbekistan
	C&Jerk	123	Reihaneh karimi DEC 11 ,2005	2024 Asian Weightlifting Championships	Tashkent, Uzbekistan
	Total	211	Reihaneh karimi DEC 11 ,2005	2024 Asian Weightlifting Championships	Tashkent, Uzbekistan
76	Snatch	92	Elnaz Bajalani APR 24,2003	2021 World Weightlifting Championships	Tashkent, Uzbekistan
	C&Jerk	117	Haniyeh Sharifi Sedeh SEP 04,2007	2024 World Junior Weightlifting Championships	Leon, Spain
	Total	207	Haniyeh Sharifi Sedeh SEP 04,2007	2024 World Junior Weightlifting Championships	Leon, Spain
81	Snatch	93	Elnaz Bajalani APR 24,2003	2021 Asian Weightlifting Championships	Tashkent, Uzbekistan
	C&Jerk	115	Yekta Jamali DEC 16,2004	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
	Total	205	Yekta Jamali DEC 16,2004	2021 World Youth Weightlifting Championships	Jaddah, Soudi Arabia
87	Snatch	100	Yekta Jamali DEC 16,2004	2021 World Weightlifting Championships	Tashkent, Uzbekistan
	C&Jerk	121	Yekta Jamali DEC 16,2004	2021 World Weightlifting Championships	Tashkent, Uzbekistan
	Total	221	Yekta Jamali DEC 16,2004	2021 World Weightlifting Championships	Tashkent, Uzbekistan
+87	Snatch	100	Sara Safaverdi JUN 22,2004	2024 Asian Junior Weightlifting Championships	Doha, Qatar
	C&Jerk	113	Sara Safaverdi JUN 22,2004	2024 Asian Junior Weightlifting Championships	Doha, Qatar
	Total	213	Sara Safaverdi JUN 22,2004	2024 Asian Junior	Doha, Qatar

