



SENIOR WOMEN'S WORLD RECORDS

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45 KG

	Record	Name	Born	Nation	Event Place & Date
Snatch	87 kg	WON Hyon Sim	Apr 02, 2002	 PRK	Mar 31, 2024 - Phuket
C&J	109 kg	WON Hyon Sim	Apr 02, 2002	 PRK	Mar 31, 2024 - Phuket
Total	196 kg	WON Hyon Sim	Apr 02, 2002	 PRK	Mar 31, 2024 - Phuket


49 KG

	Record	Name	Born	Nation	Event Place & Date
Snatch	97 kg	HOU Zhihui	Mar 18, 1997	 CHN	Apr 01, 2024 - Phuket
C&J	125 kg	RI Song Gum	Oct 17, 1997	 PRK	Feb 04, 2024 - Tashkent
Total	221 kg	RI Song Gum	Oct 17, 1997	 PRK	Apr 01, 2024 - Phuket




55 KG

	Record	Name	Born	Nation	Event Place & Date
	Snatch 104 kg	KANG Hyon Gyong	Feb 16, 1999	 PRK	Feb 04, 2024 - Tashkent
	C&J 131 kg	KANG Hyon Gyong	Feb 16, 1999	 PRK	Apr 02, 2024 - Phuket
	Total 234 kg	KANG Hyon Gyong	Feb 16, 1999	 PRK	Apr 02, 2024 - Phuket

59 KG

	Record	Name	Born	Nation	Event Place & Date
	Snatch 111 kg	KIM Il Gyong	Jul 27, 2003	 PRK	Oct 02, 2023 - Hangzhou
	C&J 140 kg	KUO Hsing-Chun	Nov 26, 1993	 TPE	Sep 21, 2019 - Pattaya
	Total 248 kg	LUO Shifang	Apr 02, 2001	 CHN	Apr 03, 2024 - Phuket




64 KG

	Record	Name	Born	Nation	Event Place & Date
	Snatch 117 kg	DENG Wei	Feb 14, 1993	 CHN	Dec 11, 2019 - Tianjin
	C&J 146 kg	RI Suk	Mar 15, 2003	 PRK	Dec 09, 2023 - Doha
	Total 261 kg	DENG Wei	Feb 14, 1993	 CHN	Sep 22, 2019 - Pattaya



71 KG

	Record	Name	Born	Nation	Event Place & Date
Snatch	121 kg	PALACIOS DAJOMES Angie Paola	Dec 09, 2000	 ECU	Jun 14, 2023 - Havana
C&J	154 kg	SONG Kuk Hyang	Feb 01, 2001	 PRK	Feb 07, 2024 - Tashkent
Total	273 kg	LIAO Guifang	Oct 05, 2001	 CHN	Sep 13, 2023 - Riyadh

76 KG

	Record	Name	Born	Nation	Event Place & Date
Snatch	124 kg	RIM Jong Sim	Feb 05, 1993	 PRK	Sep 24, 2019 - Pattaya
C&J	156 kg	ZHANG Wangli	May 27, 1996	 CHN	Feb 26, 2019 - Fuzhou
Total	278 kg	RIM Jong Sim	Feb 05, 1993	 PRK	Apr 26, 2019 - Ningbo



81 KG

	Record	Name	Born	Nation	Event Place & Date
Snatch	127 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
C&J	161 kg	LIANG Xiaomei	Sep 20, 1997	 CHN	Dec 12, 2023 - Doha
Total	284 kg	LIANG Xiaomei	Sep 20, 1997	 CHN	Dec 12, 2023 - Doha

87 KG

	Record	Name	Born	Nation	Event Place & Date	
	Snatch	132 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
	C&J	164 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
	Total	294 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard

+87 KG

	Record	Name	Born	Nation	Event Place & Date	
	Snatch	148 kg	LI Wenwen	Mar 05, 2000	 CHN	Apr 25, 2021 - Tashkent
	C&J	187 kg	LI Wenwen	Mar 05, 2000	 CHN	Apr 25, 2021 - Tashkent
	Total	335 kg	LI Wenwen	Mar 05, 2000	 CHN	Apr 25, 2021 - Tashkent