



INTERNATIONAL WEIGHTLIFTING FEDERATION



RESULTS BOOK

**FIRST WEEK IRANIAN
WOMEN WEIGHTLIFTING
INTER-CLUB**

RASHT 1402



INTERNATIONAL WEIGHTLIFTING FEDERATION
WOMEN MEDALLISTS



Category	Lift	Rank	Result	Name	Date of Birth	Nation
49	Snatch	1	26	ZOMORODI Zahra	01.01.2011	FOLAD DERAKHSHA N GILAN
	C&J	1	35	ZOMORODI Zahra	01.01.2011	FOLAD DERAKHSHA N GILAN
	Total	1	61	ZOMORODI Zahra	01.01.2011	FOLAD DERAKHSHA N GILAN
55	Snatch	1	65	PISHBIN Parnian	16.07.2002	ISFAHAN
		2	50	GHIASI Mahsa	01.01.2007	MODIRAN KHODRO HAMEDAN
		3	43	HASHEMI Fatemeh osadat	01.01.2010	FOLAD DERAKHSHA N GILAN
	C&J	1	75	PISHBIN Parnian	16.07.2002	ISFAHAN
		2	60	GHIASI Mahsa	01.01.2007	MODIRAN KHODRO HAMEDAN
		3	53	HASHEMI Fatemeh osadat	01.01.2010	FOLAD DERAKHSHA N GILAN
	Total	1	140	PISHBIN Parnian	16.07.2002	ISFAHAN
		2	110	GHIASI Mahsa	01.01.2007	MODIRAN KHODRO HAMEDAN
		3	96	HASHEMI Fatemeh osadat	01.01.2010	FOLAD DERAKHSHA N GILAN
59	Snatch	1	63	BAGHERZADEH Behnoush	17.09.2003	NASIRI YAZD
		2	60	NAROUEI Yeganeh	03.02.2007	PAKNEJAD YAZD
		3	55	PIRFALAK Najmeh	01.01.2009	MODIRAN KHODRO HAMEDAN
	C&J	1	85	BAGHERZADEH Behnoush	17.09.2003	NASIRI YAZD
		2	78	NAROUEI Yeganeh	03.02.2007	PAKNEJAD YAZD
		3	65	MOSAVI Seyedeh parimah	29.06.2009	DOKHTARAN IRAN
	Total	1	148	BAGHERZADEH Behnoush	17.09.2003	NASIRI YAZD
		2	138	NAROUEI Yeganeh	03.02.2007	PAKNEJAD YAZD
		3	120	MOSAVI Seyedeh parimah	29.06.2009	DOKHTARAN IRAN
64	Snatch	1	85	HOSSEINI Seyedeh ghazaleh	01.01.2005	KHORASAN A
		2	56	SEDAGHAT Maryam	25.09.2002	FOLAD DERAKHSHA N GILAN
		3	55	HEMAT ABADI Mahla	05.07.1999	KHORASAN B
	C&J	1	105	HOSSEINI Seyedeh ghazaleh	01.01.2005	KHORASAN A
		2	77	HEMAT ABADI Mahla	05.07.1999	KHORASAN B
		3	70	ARAMI Zeynab	09.09.1997	PAKNEJAD YAZD
	Total	1	190	HOSSEINI Seyedeh ghazaleh	01.01.2005	KHORASAN A
		2	132	HEMAT ABADI Mahla	05.07.1999	KHORASAN B
		3	122	ARAMI Zeynab	09.09.1997	PAKNEJAD YAZD
71	Snatch	1	87	KARIMI Reyhaneh	01.01.2005	KHORASAN A
		2	72	ALIZADEH Hadis	01.01.2006	KHORASAN B
		3	71	GHOORBANI Forozan	01.01.2002	NASIRI YAZD
	C&J	1	120	KARIMI Reyhaneh	01.01.2005	KHORASAN A
		2	100	SHARIFI Hanieh	01.01.2007	ISFAHAN
		3	88	GHOORBANI Forozan	01.01.2002	NASIRI YAZD
	Total	1	207	KARIMI Reyhaneh	01.01.2005	KHORASAN A
		2	165	SHARIFI Hanieh	01.01.2007	ISFAHAN
		3	159	GHOORBANI Forozan	01.01.2002	NASIRI YAZD

76	Snatch	1	83	ZAREI Zahra	26.10.1993	ISFAHAN
		2	75	GHADERI POUR Neda	16.07.1996	KHORASAN A
		3	65	BEHESHTI Mahsa	01.01.2009	KHORASAN B
	C&J	1	104	ZAREI Zahra	26.10.1993	ISFAHAN
		2	95	GHADERI POUR Neda	16.07.1996	KHORASAN A
		3	92	BEHESHTI Mahsa	01.01.2009	KHORASAN B
	Total	1	187	ZAREI Zahra	26.10.1993	ISFAHAN
		2	170	GHADERI POUR Neda	16.07.1996	KHORASAN A
		3	157	BEHESHTI Mahsa	01.01.2009	KHORASAN B
81	Snatch	1	75	FARNOSH KIA Pania	01.01.2002	KHORASAN A
		2	66	HAKEMZADEH Seyede popak	30.10.2004	FOLAD DERAKHSHA N GILAN
	C&J	1	97	FARNOSH KIA Pania	01.01.2002	KHORASAN A
		2	74	HAKEMZADEH Seyede popak	30.10.2004	FOLAD DERAKHSHA N GILAN
	Total	1	172	FARNOSH KIA Pania	01.01.2002	KHORASAN A
		2	140	HAKEMZADEH Seyede popak	30.10.2004	FOLAD DERAKHSHA N GILAN
87	C&J	1	85	PAKNEJAD Negin	05.10.2005	PAKNEJAD YAZD
87+	Snatch	1	86	SAFAVERDI Sara	22.06.2004	NASIRI YAZD
		2	85	SHEIKHI Maysa	13.10.2007	ISFAHAN
		3	82	MIRZAKI Narges	10.09.2002	NASIRI YAZD
	C&J	1	108	SAFAVERDI Sara	22.06.2004	NASIRI YAZD
		2	101	SHEIKHI Maysa	13.10.2007	ISFAHAN
		3	100	MIRZAKI Narges	10.09.2002	NASIRI YAZD
	Total	1	194	SAFAVERDI Sara	22.06.2004	NASIRI YAZD
		2	186	SHEIKHI Maysa	13.10.2007	ISFAHAN
		3	182	MIRZAKI Narges	10.09.2002	NASIRI YAZD



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN TEAM CLASSIFICATION

Rank	Team	Category										TOTAL
		45	49	55	59	64	71	76	81	87	87+	
1	FOLAD DERAKHSHAN GILAN		84/1	69/1		69/1	62/1		75/1			359/5
2	KHORASAN A					84/1	84/1	75/1	84/1		21/1	348/5
3	KHORASAN B					73/1	69/1	69/1			121/2	332/5
4	NASIRI YAZD				84/1		91/2				153/2	328/5
5	ISFAHAN			84/1			71/1	84/1			75/1	314/4
6	PAKNEJAD YAZD				75/1	128/2				28/1	66/1	297/5
7	MODIRAN KHODRO HAMEDAN			75/1	88/2	63/1					56/1	282/5
8	DOKHTARAN IRAN				68/1		115/2					183/3
Total		0	1	3	5	6	8	3	2	1	8	37



INTERNATIONAL WEIGHTLIFTING FEDERATION



**FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE
SENIOR**

WOMEN 49 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	50	ZOMORODI Zahra	01.01.2011	FOLAD DERAKHSHAN	A	21	23	26	26



INTERNATIONAL WEIGHTLIFTING FEDERATION



FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE

SENIOR

WOMEN 55 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	41	PISHBIN Parnian	16.07.2002	ISFAHAN	A	60	65	70	65
2	16	GHIASI Mahsa	01.01.2007	MODIRAN KHODRO	A	40	47	50	50
3	9	HASHEMI Fatemeh osadat	01.01.2010	FOLAD DERAKHSHAN	A	40	43	46	43



INTERNATIONAL WEIGHTLIFTING FEDERATION



FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE

SENIOR

WOMEN 59 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	48	BAGHERZADEH Behnoush	17.09.2003	NASIRI YAZD	A	58	63	68	63
2	26	NAROUEI Yeganeh	03.02.2007	PAKNEJAD YAZD	A	58	60	60	60
3	39	PIRFALAK Najmeh	01.01.2009	MODIRAN KHODRO	A	45	50	55	55
4	20	MOSAVI Seyedeh parimah	29.06.2009	DOKHTARAN IRAN	A	50	53	55	55
5	5	ABOULFATHI Nazanin	11.08.2008	MODIRAN KHODRO	A	35	40	43	40



INTERNATIONAL WEIGHTLIFTING FEDERATION



FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE

SENIOR

WOMEN 64 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	35	HOSSEINI Seyedeh ghazaleh	01.01.2005	KHORASAN A	B	85	90	90	85
2	4	SEDAGHAT Maryam	25.09.2002	FOLAD DERAKHSHAN	A	48	53	56	56
3	21	HEMAT ABADI Mahla	05.07.1999	KHORASAN B	A	47	51	55	55
4	19	ARAMI Zeynab	09.09.1997	PAKNEJAD YAZD	A	45	51	52	52
5	23	IRANDOOST Kiana	03.05.2010	MODIRAN KHODRO	A	45	51	56	51
6	24	DEHGHAN Fatemeh	01.01.2008	PAKNEJAD YAZD	A	45	45	52	45



INTERNATIONAL WEIGHTLIFTING FEDERATION



FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE

SENIOR

WOMEN 71 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	33	KARIMI Reyhaneh	01.01.2005	KHORASAN A	B	87	87	87	87
2	40	ALIZADEH Hadis	01.01.2006	KHORASAN B	A	65	70	72	72
3	3	GHOORBANI Forozan	01.01.2002	NASIRI YAZD	A	66	71	75	71
4	44	MALAKOTI DANA Fatemeh	01.01.2002	NASIRI YAZD	A	68	70	76	70
5	49	SHARIFI Hanieh	01.01.2007	ISFAHAN	A	65	70	75	65
6	34	LOGHMANI Maryam	24.04.2001	FOLAD DERAKHSHAN	A	55	60	63	60
7	46	AHMADI Atosa	01.01.2005	DOKHTARAN IRAN	A	33	35	37	35
8	14	BAHRAMI Fereshteh	01.01.2004	DOKHTARAN IRAN	A	33	35	35	33



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FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE

SENIOR

WOMEN 76 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	43	ZAREI Zahra	26.10.1993	ISFAHAN	A	78	83	87	83
2	13	GHADERI POUR Neda	16.07.1996	KHORASAN A	A	70	75	79	75
3	38	BEHESHTI Mahsa	01.01.2009	KHORASAN B	A	60	65	72	65



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FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE

SENIOR

WOMEN 81 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	6	FARNOSH KIA Pania	01.01.2002	KHORASAN A	A	70	75	79	75
2	31	HAKEMZADEH Seyede popak	30.10.2004	FOLAD DERAKHSHAN	A	58	58	66	66



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**FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE
SENIOR**

WOMEN 87 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	11	PAKNEJAD Negin	05.10.2005	PAKNEJAD YAZD	A	72	72	72	



INTERNATIONAL WEIGHTLIFTING FEDERATION



FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE

SENIOR

WOMEN +87 SNATCH

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	15	SAFAVERDI Sara	22.06.2004	NASIRI YAZD	A	75	80	86	86
2	10	SHEIKHI Maysa	13.10.2007	ISFAHAN	A	76	79	85	85
3	1	MIRZAKI Narges	10.09.2002	NASIRI YAZD	A	74	78	82	82
4	45	KAZEM POUR Sogand	12.11.2006	PAKNEJAD YAZD	A	75	80	81	75
5	51	KIANI Helia	06.02.2004	KHORASAN A	A	68	72	73	73
6	36	MAJIDI Tasnim	01.01.2008	KHORASAN B	A	60	65	70	70
7	29	ARMONTEN Sofia	06.05.2008	KHORASAN B	A	65	65	70	65
8	28	GHIASI Kiana	01.01.2001	MODIRAN KHODRO	A	40	45	50	40



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 49 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	50	ZOMORODI Zahra	01.01.2011	FOLAD DERAKHSHAN CLUB	A	30	35	35	35



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 55 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	41	PISHBIN Parnian	16.07.2002	ISFAHAN	A	70	75	82	75
2	16	GHIASI Mahsa	01.01.2007	MODIRAN KHODRO	A	52	58	60	60
3	9	HASHEMI Fatemeh osadat	01.01.2010	FOLAD DERAKHSHAN	A	46	53	59	53



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 59 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	48	BAGHERZADEH Behnoush	17.09.2003	NASIRI YAZD	A	80	85	90	85
2	26	NAROUEI Yeganeh	03.02.2007	PAKNEJAD YAZD	A	68	73	78	78
3	20	MOSAVI Seyedeh parimah	29.06.2009	DOKHTARAN IRAN	A	60	63	65	65
4	39	PIRFALAK Najmeh	01.01.2009	MODIRAN KHODRO	A	55	61	64	55
5	5	ABOULFATHI Nazanin	11.08.2008	MODIRAN KHODRO	A	45	45	50	



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WOMEN 64 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	35	HOSSEINI Seyedeh ghazaleh	01.01.2005	KHORASAN A	B	100	105	108	105
2	21	HEMAT ABADI Mahla	05.07.1999	KHORASAN B	A	70	75	77	77
3	19	ARAMI Zeynab	09.09.1997	PAKNEJAD YAZD	A	57	66	70	70
4	4	SEDAGHAT Maryam	25.09.2002	FOLAD DERAKHSHAN	A	60	65	67	65
5	23	IRANDOOST Kiana	03.05.2010	MODIRAN KHODRO	A	55	65	65	65
6	24	DEHGHAN Fatemeh	01.01.2008	PAKNEJAD YAZD	A	55	60	63	63



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 71 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	33	KARIMI Reyhaneh	01.01.2005	KHORASAN A	B	115	120	120	120
2	49	SHARIFI Hanieh	01.01.2007	ISFAHAN	A	90	95	100	100
3	3	GHOORBANI Forozan	01.01.2002	NASIRI YAZD	A	80	86	88	88
4	40	ALIZADEH Hadis	01.01.2006	KHORASAN B	A	80	85	88	85
5	34	LOGHMANI Maryam	24.04.2001	FOLAD DERAKHSHAN	A	65	70	75	75
6	46	AHMADI Atosa	01.01.2005	DOKHTARAN IRAN	A	40	45	48	45
7	14	BAHRAMI Fereshteh	01.01.2004	DOKHTARAN IRAN	A	40	45	45	45
8	44	MALAKOTI DANA Fatemeh	01.01.2002	NASIRI YAZD	A	80	85	85	



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 76 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	43	ZAREI Zahra	26.10.1993	ISFAHAN	A	100	104	104	104
2	13	GHADERI POUR Neda	16.07.1996	KHORASAN A	A	90	95	101	95
3	38	BEHESHTI Mahsa	01.01.2009	KHORASAN B	A	85	87	92	92



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 81 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	6	FARNOSH KIA Pania	01.01.2002	KHORASAN A	A	93	97	97	97
2	31	HAKEMZADEH Seyede popak	30.10.2004	FOLAD DERAKHSHAN	A	68	74	82	74



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 87 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	11	PAKNEJAD Negin	05.10.2005	PAKNEJAD YAZD	A	80	80	85	85



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN +87 JERK

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	1	2	3	Result
1	15	SAFAVERDI Sara	22.06.2004	NASIRI YAZD	A	100	105	108	108
2	10	SHEIKHI Maysa	13.10.2007	ISFAHAN	A	95	101	106	101
3	1	MIRZAKI Narges	10.09.2002	NASIRI YAZD	A	95	95	100	100
4	45	KAZEM POUR Sogand	12.11.2006	PAKNEJAD YAZD	A	90	97	98	98
5	36	MAJIDI Tasnim	01.01.2008	KHORASAN B	A	80	85	90	90
6	29	ARMONTEN Sofia	06.05.2008	KHORASAN B	A	70	75	80	75
7	28	GHIASI Kiana	01.01.2001	MODIRAN KHODRO	A	55	60	60	55
8	51	KIANI Helia	06.02.2004	KHORASAN A	A	92	95	95	



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 49 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	50	ZOMORODI Zahra	01.01.2011	FOLAD DERAKHSHAN	A	26	35	61



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 55 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	41	PISHBIN Parnian	16.07.2002	ISFAHAN	A	65	75	140
2	16	GHIASI Mahsa	01.01.2007	MODIRAN KHODRO HAMEDAN	A	50	60	110
3	9	HASHEMI Fatemeh osadat	01.01.2010	FOLAD DERAKHSHAN	A	43	53	96



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 59 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	48	BAGHERZADEH Behnoush	17.09.2003	NASIRI YAZD	A	63	85	148
2	26	NAROU EI Yeganeh	03.02.2007	PAKNEJAD YAZD	A	60	78	138
3	20	MOSAVI Seyedeh parimah	29.06.2009	DOKHTARAN IRAN	A	55	65	120
4	39	PIRFALAK Najmeh	01.01.2009	MODIRAN KHODRO	A	55	55	110
5	5	ABOULFATHI Nazanin	11.08.2008	MODIRAN KHODRO	A	40	0	



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 64 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	35	HOSSEINI Seyedeh ghazaleh	01.01.2005	KHORASAN A	B	85	105	190
2	21	HEMAT ABADI Mahla	05.07.1999	KHORASAN B	A	55	77	132
3	19	ARAMI Zeynab	09.09.1997	PAKNEJAD YAZD	A	52	70	122
4	4	SEDAGHAT Maryam	25.09.2002	FOLAD DERAKHSHAN	A	56	65	121
5	23	IRANDOOST Kiana	03.05.2010	MODIRAN KHODRO HAMEDAN	A	51	65	116
6	24	DEHGHAN Fatemeh	01.01.2008	PAKNEJAD YAZD	A	45	63	108



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 71 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	33	KARIMI Reyhaneh	01.01.2005	KHORASAN A	B	87	120	207
2	49	SHARIFI Hanieh	01.01.2007	ISFAHAN	A	65	100	165
3	3	GHOORBANI Forozan	01.01.2002	NASIRI YAZD	A	71	88	159
4	40	ALIZADEH Hadis	01.01.2006	KHORASAN B	A	72	85	157
5	34	LOGHMANI Maryam	24.04.2001	FOLAD DERAKHSHAN	A	60	75	135
6	46	AHMADI Atosa	01.01.2005	DOKHTARAN IRAN	A	35	45	80
7	14	BAHRAMI Fereshteh	01.01.2004	DOKHTARAN IRAN	A	33	45	78
8	44	MALAKOTI DANA Fatemeh	01.01.2002	NASIRI YAZD	A	70	0	



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 76 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	43	ZAREI Zahra	26.10.1993	ISFAHAN	A	83	104	187
2	13	GHADERI POUR Neda	16.07.1996	KHORASAN A	A	75	95	170
3	38	BEHESHTI Mahsa	01.01.2009	KHORASAN B	A	65	92	157



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 81 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	6	FARNOSH KIA Pania	01.01.2002	KHORASAN A	A	75	97	172
2	31	HAKEMZADEH Seyedepopak	30.10.2004	FOLAD DERAKHSHAN	A	66	74	140



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN 87 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	11	PAKNEJAD Negin	05.10.2005	PAKNEJAD YAZD	A	0	85	



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN +87 Total

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	LOT	Name	Date of Birth	Team	Group	Snatch	Jerk	Total
1	15	SAFAVERDI Sara	22.06.2004	NASIRI YAZD	A	86	108	194
2	10	SHEIKHI Maysa	13.10.2007	ISFAHAN	A	85	101	186
3	1	MIRZAKI Narges	10.09.2002	NASIRI YAZD	A	82	100	182
4	45	KAZEM POUR Sogand	12.11.2006	PAKNEJAD YAZD	A	75	98	173
5	36	MAJIDI Tasnim	01.01.2008	KHORASAN B	A	70	90	160
6	29	ARMONTEN Sofia	06.05.2008	KHORASAN B	A	65	75	140
7	28	GHIASI Kiana	01.01.2001	MODIRAN KHODRO	A	40	55	95
8	51	KIANI Helia	06.02.2004	KHORASAN A	A	73	0	



INTERNATIONAL WEIGHTLIFTING FEDERATION



WOMEN Sinclair Scores

FIRST WEEK IRANIAN WOMEN WEIGHTLIFTING LEAGUE SENIOR

Rank	Name	Date of	Team	Body Weight	Total	Sinclair
1	KARIMI Reyhaneh	01.01.2005	KHORASAN A	70.9	207	253.73
2	HOSSEINI Seyedeh ghazaleh	01.01.2005	KHORASAN A	63.9	190	246.9
3	ZAREI Zahra	26.10.1993	ISFAHAN	71.4	187	228.37
4	SHARIFI Hanieh	01.01.2007	ISFAHAN	66.7	165	209.12
5	PISHBIN Parnian	16.07.2002	ISFAHAN	53.5	140	204.46
6	BAGHERZADEH Behnoush	17.09.2003	NASIRI YAZD	58.4	148	203.5
7	GHADERI POUR Neda	16.07.1996	KHORASAN A	74.6	170	203.05
8	SAFAVERDI Sara	22.06.2004	NASIRI YAZD	108.1	194	202.34
9	FARNOSH KIA Pania	01.01.2002	KHORASAN A	78.6	172	200.42
10	GHORBANI Forozan	01.01.2002	NASIRI YAZD	67.8	159	199.67
11	ALIZADEH Hadis	01.01.2006	KHORASAN B	70.2	157	193.46
12	SHEIKHI Maysa	13.10.2007	ISFAHAN	111.7	186	192.55
13	NAROUEI Yeganeh	03.02.2007	PAKNEJAD YAZD	57.4	138	191.94
14	MIRZAKI Narges	10.09.2002	NASIRI YAZD	104.7	182	191.35
15	BEHESHTI Mahsa	01.01.2009	KHORASAN B	75.4	157	186.55
16	KAZEM POUR Sogand	12.11.2006	PAKNEJAD YAZD	109.5	173	179.89
17	HEMAT ABADI Mahla	05.07.1999	KHORASAN B	64	132	171.37
18	LOGHMANI Maryam	24.04.2001	FOLAD DERAKHSHAN GILAN	66.7	135	171.1
19	MAJIDI Tasnim	01.01.2008	KHORASAN B	103.9	160	168.56
20	MOSAVI Seyedeh parimah	29.06.2009	DOKHTARAN IRAN	57.1	120	167.49
21	HAKEMZADEH Seyedeh popak	30.10.2004	FOLAD DERAKHSHAN GILAN	76.5	140	165.2
22	SEDAGHAT Maryam	25.09.2002	FOLAD DERAKHSHAN GILAN	61.4	121	161.11
23	ARAMI Zeynab	09.09.1997	PAKNEJAD YAZD	62.4	122	160.83
24	GHIASI Mahsa	01.01.2007	MODIRAN KHODRO HAMEDAN	54.9	110	157.73
25	IRANDOOST Kiana	03.05.2010	MODIRAN KHODRO HAMEDAN	62.7	116	152.47
26	PIRFALAK Najmeh	01.01.2009	MODIRAN KHODRO HAMEDAN	58.2	110	151.59
27	ARMONTEN Sofia	06.05.2008	KHORASAN B	96.8	140	150.55
28	DEHGHAN Fatemeh	01.01.2008	PAKNEJAD YAZD	60.9	108	144.54
29	HASHEMI Fatemeh osadat	01.01.2010	FOLAD DERAKHSHAN GILAN	53.3	96	140.58
30	AHMADI Atosa	01.01.2005	DOKHTARAN IRAN	69.6	80	99.03



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Rank	Name	Date of	Team	Body Weight	Total	Sinclair
31	GHIASI Kiana	01.01.2001	MODIRAN KHODRO HAMEDAN	110.2	95	98.64
32	BAHRAMI Fereshteh	01.01.2004	DOKHTARAN IRAN	69.6	78	96.56
33	ZOMORODI Zahra	01.01.2011	FOLAD DERAKHSHAN GILAN	49	61	95.14