



SENIOR WOMEN'S WORLD RECORDS

[Print current list](#)

45 KG

Record	Name	Born	Nation	Event Place & Date
Snatch 85 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
C&J 108 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
Total 191 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard

49 KG

Record	Name	Born	Nation	Event Place & Date
Snatch 96 kg	HOU Zhihui	Mar 18, 1997	 CHN	Apr 17, 2021 - Tashkent
C&J 124 kg	RI Song Gum	Oct 17, 1997	 PRK	Sep 30, 2023 - Hangzhou

[Privacy](#) - [Terms](#)

Total 216 kg RI Song Gum Oct 17, 1997  PRK Sep 30, 2023 - Hangzhou

55 KG

Record	Name	Born	Nation	Event Place & Date
--------	------	------	--------	--------------------

Snatch 103 kg	KANG Hyon Gyong	Feb 16, 1999	 PRK	Sep 30, 2023 - Hangzhou
---------------	-----------------	--------------	---------------------------------------------------------------------------------------	-------------------------


C&J 130 kg	KANG Hyon Gyong	Feb 16, 1999	 PRK	Sep 30, 2023 - Hangzhou
------------	-----------------	--------------	---------------------------------------------------------------------------------------	-------------------------

Total 233 kg	KANG Hyon Gyong	Feb 16, 1999	 PRK	Sep 30, 2023 - Hangzhou
--------------	-----------------	--------------	---------------------------------------------------------------------------------------	-------------------------

59 KG

Record	Name	Born	Nation	Event Place & Date
--------	------	------	--------	--------------------

Snatch 111 kg	KIM Il Gyong	Jul 27, 2003	 PRK	Oct 02, 2023 - Hangzhou
---------------	--------------	--------------	-----------------------------------------------------------------------------------------	-------------------------

C&J 140 kg	KUO Hsing-Chun	Nov 26, 1993	 TPE	Sep 21, 2019 - Pattaya
------------	----------------	--------------	-----------------------------------------------------------------------------------------	------------------------

Total 247 kg	KUO Hsing-Chun	Nov 26, 1993	 TPE	Apr 19, 2021 - Tashkent
--------------	----------------	--------------	-----------------------------------------------------------------------------------------	-------------------------

64 KG

Record	Name	Born	Nation	Event Place & Date
--------	------	------	--------	--------------------

Snatch 117 kg	DENG Wei	Feb 14, 1993	 CHN	Dec 11, 2019 - Tianjin
---------------	----------	--------------	-----------------------------------------------------------------------------------------	------------------------




C&J 146 kg	RI Suk	Mar 15, 2003	 PRK	Dec 09, 2023 - Doha
------------	--------	--------------	-----------------------------------------------------------------------------------------	---------------------

Total 261 kg DENG Wei Feb 14, 1993  CHN Sep 22, 2019 - Pattaya

71 KG

Record	Name	Born	Nation	Event Place & Date
Snatch 121 kg	PALACIOS DAJOMES Angie Paola	Dec 09, 2000	 ECU	Jun 14, 2023 - Havana
C&J 153 kg	LIAO Guifang	Oct 05, 2001	 CHN	Sep 13, 2023 - Riyadh
Total 273 kg	LIAO Guifang	Oct 05, 2001	 CHN	Sep 13, 2023 - Riyadh

76 KG

Record	Name	Born	Nation	Event Place & Date
Snatch 124 kg	RIM Jong Sim	Feb 05, 1993	 PRK	Sep 24, 2019 - Pattaya
C&J 156 kg	ZHANG Wangli	May 27, 1996	 CHN	Feb 26, 2019 - Fuzhou
Total 278 kg	RIM Jong Sim	Feb 05, 1993	 PRK	Apr 26, 2019 - Ningbo

81 KG

Record	Name	Born	Nation	Event Place & Date
Snatch 127 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard

C&J 161 kg LIANG Xiaomei Sep 20, 1997  CHN Dec 12, 2023 - Doha

Total 284 kg LIANG Xiaomei Sep 20, 1997  CHN Dec 12, 2023 - Doha

87 KG

Record	Name	Born	Nation	Event Place & Date
--------	------	------	--------	--------------------

Snatch 132 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
---------------	----------------	--------------	-----	-------------------------------

C&J 164 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
------------	----------------	--------------	-----	-------------------------------

Total 294 kg	World Standard	Nov 01, 2018	---	Nov 01, 2018 - World Standard
--------------	----------------	--------------	-----	-------------------------------

+87 KG

Record	Name	Born	Nation	Event Place & Date
--------	------	------	--------	--------------------

Snatch 148 kg	LI Wenwen	Mar 05, 2000	 CHN	Apr 25, 2021 - Tashkent
---------------	-----------	--------------	-----------------------------------------------------------------------------------------	-------------------------

C&J 187 kg	LI Wenwen	Mar 05, 2000	 CHN	Apr 25, 2021 - Tashkent
------------	-----------	--------------	-----------------------------------------------------------------------------------------	-------------------------

Total 335 kg	LI Wenwen	Mar 05, 2000	 CHN	Apr 25, 2021 - Tashkent
--------------	-----------	--------------	-----------------------------------------------------------------------------------------	-------------------------