

Asian Games Records - women

Categories	Lift	Result	Name	NAT.	Date	Place
49	Snatch	92	Ri Song-gum	PRK	30 September 2023	Hangzhou, China
	C&Jerk	124	Ri Song-gum	PRK	30 September 2023	Hangzhou, China
	Total	216	Ri Song-gum	PRK	30 September 2023	Hangzhou, China
55	Snatch	103	Kang Hyong-yong	PRK	30 September 2023	Hangzhou, China
	C&Jerk	130	Kang Hyong-yong	PRK	30 September 2023	Hangzhou, China
	Total	233	Kang Hyong-yong	PRK	30 September 2023	Hangzhou, China
59	Snatch	111	Kim Il-gyong	PRK	2 October 2023	Hangzhou, China
	C&Jerk	135	Kim Il-gyong	PRK	2 October 2023	Hangzhou, China
	Total	246	Kim Il-gyong	PRK	2 October 2023	Hangzhou, China
64	Snatch	111	Rim Un-sim	PRK	2 October 2023	Hangzhou, China
	C&Jerk	140	Rim Un-sim	PRK	2 October 2023	Hangzhou, China
	Total	251	Rim Un-sim	PRK	2 October 2023	Hangzhou, China
76	Snatch	120	Standard Record			
	C&Jerk	151	Standard Record			
	Total	268	Standard Record			
87	Snatch	128	Standard Record			
	C&Jerk	162	Standard Record			
	Total	287	Standard Record			
+87	Snatch	132	Standard Record			
	C&Jerk	177	Standard Record			
	Total	307	Standard Record			